

# **Introduction to Drum Circle Facilitation**

## **Workshop Outline**

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- **Introductions**
- **Physical warm-up**
- **Rhythm warm-up**
- **Instruments identification, categorization, and considerations**
- **Setup considerations**
- **3 Basic drum hand techniques**
- **8 basic facilitation techniques**
- **7 basic “rhythm games”**
- **Facilitation practice (challenge by choice)**
- **Final groove**